

## **Informed Consent for the surgical procedure of face lift**

This form give informations concerning the features and risks linked with the surgical procedure of **face lift**. Please read carefully the following and discuss with the surgeon any aspect or unclear word; then sign this document after the understanding of all informations and procedures.

**Face lift** is the surgical procedure which tight the face and neck skin, reduce the skin excess, and suspends the underlying muscular sheet. The procedure can be limited at a single area (cheek, neck, malar area, etc.) or extended to all face, according to the individual problem.

The residual scars are mostly located inside the hairs or in hidden areas; the scar located front the ear become undetectable in few weeks. The small superficial wrinkles or other small defects will not be removed by face lift.

This procedure can be associated with blefaroplasty, rhynoplasty, implants, etc.

The surgical procedure can be performed under local anaesthesia with general sedation or under general anaesthesia. Risks are involved with the administration of anaesthesia. Hospital stay, use of drains, stitches removal, frequency of dressing and controls can vary depending on individual cases.

Sometimes the scar need surgical revision, depending not only by the surgical technique but by the biological individual reaction as well.

### **Before Face Lift**

- Inform the surgeon about the drugs you are taking
- Stop tacking drugs containing acetylsalicylic acid
- Provide somebody helping you in the postoperative period
- Stop smoking
- If you do the taint, do it at least 3 weeks before surgery
- Starve from midnight before surgery

### **After surgery**

- Provide somebody dropping you home

- After 2 days you can wash the hairs with light or antibacterial shampoo
- Do not use the hairs taint for one month at least
- Sport activities can be started after the suture is well closed and dray
- Do not expose directly to the sun or to the heath for one month at least

**During the postoperative period, if any problem concerning the surgical procedure, call your surgeon without hesitation.**

---

**Informed Consent to the surgical procedure of Face Lift**

**Date**\_\_\_\_\_

**I here named**

**Name**\_\_\_\_\_

**Family name**\_\_\_\_\_

**Declare** that I have read and understood the above document of consent to the surgical procedure of **Face Lift** explained to me by the surgeon in all particular elements.

**In particular I understand that:**

- During the postoperative period the face will be swelling; the swelling will come down in a variable period, from two weeks to two months, depend on the surgical procedure adopted.
- Ecchymosis can be present in the postoperative period, which can extend to the neck and will absorbs in about two weeks. Rarely can be present ematome.
- The skin sensitivity on the earlobe and in particular on the preauricular area, can be altered for a variable period, sometimes for few months.
- Risk of skin necrosis is high in strong smokers.
- In some areas after surgery the tissues can be hard or thick for a variable period.
- In rare cases can be temporarily altered the function of facial nerve superficial branches.
- Normally there are optimal scars yet in some cases are not optimal because of the individual biological response or inflammation.

**I authorise**

**The**

**Dr./Prof.** \_\_\_\_\_

And his collaborators to perform on me the surgical procedure of

---

I know that I will be under general anaesthesia or under general sedation with local anaesthesia.

**I authorize**

**The**

**Dr./Prof.** \_\_\_\_\_

And his collaborators to modify, if necessary, the planned techniques, during the procedure or in the postoperative period, as I am informed that, on the contrary I can compromise the result of surgery.

Surgery is not an exact science; it can not be exactly planned before the procedure the exact result, the residual scar quality, the eventual formation of haematoma or seroma. These events depend not only by the techniques used during the procedure, but depend even more by the biological body response.

I consent to be photographed before, during and after the procedure, for clinical documentation. The surgeon is committed to use the photographic material in a scientific contest only and with guaranty of anonymity.

**Patient sign:**

---

**If the patient is minor:**

---

**Surgeon sign:**

---